

PRINCIPLES FOR THE SELECTION AND MANAGEMENT OF EAA CROSS COUNTRY PERMIT RACES

(as at 01 January 2004)

1. Objectives

- 1.1. To take particular care of European Cross Country races not involved in the circuit of IAAF World Cross Country Permit Meetings.
- 1.2. To give a special EAA status to a group of races for distinction to the other races.
- 1.3. To provide an incentive for cross country races organisers to strive for greater status for their race.
- 1.4. To protect the dates of the EAA Cross Country races on the International Calendar.
- 1.5. To ensure observance of standard conditions, as specified below, by the EAA.

2. Procedure of making an Application

Applications for EAA Status shall be submitted on the appropriate Form by the Member Federations to the EAA Secretariat by 31 March of the season preceding that of the race.

3. How to apply for Up-grading

- 3.1. The EAA will only consider applications for EAA Status from those races that have previously held an International race with National Permit status for a minimum of two (2) years.
- 3.2. Any Member Federation applying for an upgrading of status shall submit, in its application, results of the last two races and details which support such up-grading in accordance with the requirements of status detailed below.

4. Guidelines for Selection of EAA Cross Country Races

In principle a total maximum of 10 EAA Races may be held in any one cross country period (October to March) in each of which at least one (1) men's and one (1) women's race seniors and one (1) men's and one (1) women's race juniors are carried out.

5. Guidelines of Scheduling

- 5.1. An EAA Race may not be staged on the same day as a race being part of the IAAF Cross Country Challenge. This restriction may be waived when IAAF meetings are scheduled in another continent.
- 5.2. Two EAA Races may not be staged on the same day, unless the two races are in different countries and do not share a common border or the race organisers concerned do agree.
- 5.3. Not more than one (1) EAA Cross Country Race may be staged in the same town in any one cross country period (October to March).

6. Principles of Distribution

Normally one (1) EAA Race and a maximum of two (2) EAA Races can be staged in any one country depending on their consistent excellence and their tradition, unless exceptional circumstances prevail which persuade the EAA Council to decide upon further addition(s).

7. Programme

The balanced programme of not less than four (4) events and at least one (1) men's and one (1) women's event seniors and one (1) men's and one (1) women's event juniors at EAA Cross Country Races must be provided in the Application. Any change made to the Programme must be immediately notified by the race organiser:

- to the EAA Secretariat
- to the Member Federation concerned.

8. Reporting Procedure

- 8.1. Following each EAA Race, the designed EAA Delegate shall be required to submit a written report concerning the staging of the race. This report including the results and doping control forms shall be forwarded to the EAA Secretariat not later than 10 days after the race attended.
- 8.2. A copy of the Report received by the EAA, shall also be given to the Race Director concerned.
- 8.3. The analysis of these reports will assist in determining the status of the race in the following year.

9. Requirements of Status of EAA Cross Country Races

- 9.1. The Race Organiser must be the National Federation or a Member of the National Federation, and must agree to abide by the Rules of the IAAF and EAA.
- 9.2. At least one person from the National Federation, selected in agreement with the Organising Committee, must be co-opted onto the Organising Committee for the purposes of liaison.
- 9.3. An Official Delegate, designed by the EAA, shall be received. This Delegate shall be experienced in cross country matters, and shall be ready to give any assistance when required. He shall supervise the competition, is responsible for the correct conduct of the doping control and has also to be an Advertising Commissioner.
The Delegate can be a citizen of the country where the race is held. The organiser shall pay his travel and accommodation costs for up to two nights including costs for visa (if applicable).
- 9.4. Liability insurance must be taken out in conformity with athletes, officials and spectators.
- 9.5. Doping control tests, normally **five (5)** at each meeting, shall be conducted at random, and analysis must be performed at an IAAF accredited laboratory, in accordance with the IAAF guidelines. The organiser has to take care of dispatching the samples to the laboratories. The analysis reports shall be directly submitted by the laboratory to the EAA Secretariat and as a copy to the IAAF Secretariat. The costs of the control, the dispatch of samples and their analysis will be borne by the Race Organiser.
- 9.6. Medical services shall be provided as:
 - on-site emergency aid
 - emergency ambulance service to provide full hospitalisation
 - on-site physiotherapy
- 9.7. Food and accommodation standards should correspond to normal international level.
- 9.8. Local transport shall be provided from airport to lodgings, to training areas and to the competition venue for all athletes.
- 9.9. The circuit shall have a minimum capacity for 2000 spectators.
- 9.10. The basic circuit shall in principle have a minimum length of 1500 m.
- 9.11. The Races should be at least in length
 - Senior Men - 8000m
 - Senior Women - 4000m
 - Junior Men - 6000m
 - Junior Women - 3000m
- 9.12. The races must be held according to IAAF Rule 250.
- 9.13. The Programme of events according paragraph 7 must be submitted to the EAA Secretariat with the Application Form.

- 9.14. Athletes from a minimum of four (4) European countries (no less than 2 countries in each race), excluding those from the Host Nation, must compete in the Senior Men and Senior Women races.
- 9.15. All payments shall be effected in accordance with IAAF Rules and Regulations. The Race Director will maintain copies of all financial documents which may be called for inspection if required by the General Secretary or Treasurer of the EAA.